

聖神天主堂

**Sheng Shen (Holy Spirit) Parish** 

1187 Rue Michael Street North, Ottawa, Ontario K1J 7T2 Tel: (613) 747-2080 Fax: (613) 747-6115

Web: www.ottawachinesecatholic.org





**Priest Moderator** 

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**Deacon Pastoral Coordinator** 

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成人慕道 /Rite of Christians Initiation of Adults (RCIA)

(粵語, 國語, 英語) 星期日上午十時半 Sunday 10:30 am

青少年活動 Children/Youth Activities

星期日上午十時半 Sunday 10:30 am

兒童禮儀 Children Liturgy

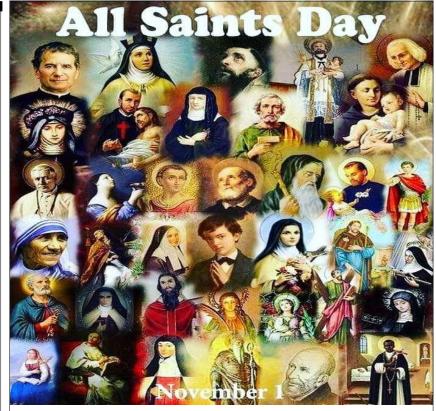
星期日上午十一時半 Sunday 11:30 am

堂區辦公時間 Parish Office Hours

星期二至五早上十時至中午十二時 Tue-Fri 10:00-12:00 pm

惠捐支票抬頭 / Please make all cheques payable to: "Sheng Shen Chinese Catholic Community"





## 11月份諸聖節 (All Saints Day) 與追思已亡節 (All Souls Day)

11月是聖教會禮儀年的最後一個月,將臨期第一主日就是教會的新年了,在這一年將盡的最後一個月裡,教會仍周到地安排了三個總結性、歸納性的節日:諸聖節、追思亡者和耶穌基督普世君王節。

### 11月1日諸聖節 (All Saints Day)

十一月一日「諸聖節」的意義:天主願意我們得救,在世上度著充滿著愛的豐富生命,來日在天上做聖人,繼續為世人造福,及為人祈禱;「諸聖節」邀請我們有志氣為人謀幸福,將來做聖人。

這天聖教會所舉行的瞻禮,是慶祝在天的全體聖人。初期教會的公共敬禮,都是以殉道聖人為對象。第四世紀,敍利亞已開始慶祝諸聖瞻禮;公元610年,教宗波尼法爵四世將「萬神殿」改為聖堂,舉行聖母及殉道諸聖的瞻禮;公元835年教宗額我略四世欽定11月1日為諸聖瞻禮。

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為嚮應環保及節省印刷開支,堂區現用電郵發放每月的通訊。教友如欲索閱印製的堂區通訊,可向堂區辦事處聯絡。

To be environmentally friendly and to minimize our printing cost, our parish will distribute the monthly bulletin electronically from now on. Parishioners wishing to get the hard copy bulletin should approach the Parish Office.

所有聖事禮儀的咨詢,特別是殯葬,結婚或嬰孩洗禮等禮儀,首先要直接與梁增仁神父或范浩泉執事聯絡及會面後才可訂定舉行日期。會面時, 自會解釋禮儀程序及其他資料。

All Sacramental requests, especially funeral, wedding and infant baptism, must first book an appointment with Fr. Stephen Liang or Deacon Peter Fan before any decision be made on the date of the event. They will be briefed about procedures and requirement in the interview with either Fr. Liang or Deacon Fan.

此通訊只刊登堂區主辦的活動及有關資料。內容由行政事務管理決定。

All material that is submitted for publication in the bulletin must be parish-sponsored activities. The publication of such material is at the discretion of the Administration.

堂區現推出 ″ 奉獻彌撒店 ″ 給教友選擇以 ″ 奉獻彌撒 ″ 方式向亡者家人或親友致悼念 / 為亡者靈魂安息祈禱 / 感恩用途.此方法與目前奉獻彌撒沒有改變,教友仍舊向堂區辦事處登記日期奉獻彌撒,(每台奉獻彌撒收費 \$15.00),而堂區辦事處會隨後以奉獻彌撒店通知被奉獻彌撒者及其家人有關日期等事宜.

請各小組協調人及教友注意,每主日堂區報告及奉獻彌撒通知截止時間改為逢星期三中午十二時。

成人慕道一 普通話與粵語的成人慕道每星期日上午十時三十分在神父宿舍進行. 查詢可與范執事或梁神父聯絡。

#### 教宗方濟各十一月份的祈禱意向

Pope Francis's Prayer of Intention for November 2019

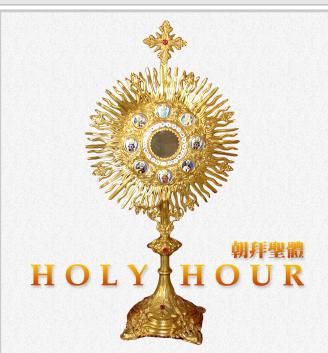
Universal: Dialogue and Reconciliation in the

**Near East** 

總意向: 為近東的交談與和好祈禱

That a spirit of dialogue, encounter, and reconciliation emerge in the Near East, where diverse religious communities share their lives together.

祈盼交談. 相遇及和好的精神能出現在近東, 使當地不同宗教團體能共同分享他們的生活.



二零一九年十一月 November, 2019 11月16日(星期六) | 下午一時三十分 Nov. 16 (Saturday) | 1:30 PM

#### **Pastor's Message**

31st Sunday in Ordinary Time Luke 19: 1-10 – November 3, 2019

"Zacchaeus, come down quickly, for today I must stay at your house . . ."

"Today salvation has come to this house . . . For the Son of Man has come to seek and to save what was lost."

Luke 19: 1-10

Jesus the renowned rabbi calls up to the scorned Zacchaeus perched in the sycamore tree; the tax collector is now able to claim his dignity as a son of God. Such is the "salvation" that Jesus brings to Zacchaeus' home. Zacchaeus is lifted up from his embarrassing predicament. Zacchaeus realizes the humility and compassion that were at the heart of Jesus' work. By our generosity and kindness that mirror the spirit of Jesus, may we be the similar means of "salvation" for the struggling and broken, the scorned and the marginalized.

Fr. Stephen Liang

## 常年期第三十一主日

"匝凱, 你快下來!因為我今天必須住在你家中."

"今天救恩臨到了這一家 ……因為人子來, 是為尋找 及拯救迷失了的人." 路加 19:1-10

有聲望的猶太教導師耶穌向攀上在野桑樹上被人鄙視的 稅吏匝凱呼喚;這稅吏現在可以尊稱自己為天主的兒女. 這就是耶穌帶到匝凱家中的救恩.

匝凱的窘況因此而解脫了. 匝凱也感受到耶穌的謙恭和慈悲的救恩.

願我們能效法耶穌的精神,待人寬容與親切慈愛. 這樣,我們也可為正在掙扎,一蹶不振,被鄙棄的邊緣人帶來救恩.

梁增仁神父



www.facebook.com/pages/Sheng-Shen-Catholic-Parish/501505729860726

## 11月份諸聖節 (All Saints Day) 與追思已亡節 (All Souls Day)

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一年之中我們在不同的日期紀念了不同的聖人,無疑地有許多或者說更多的無名的聖人會被忽略或遺忘,因而在禮儀年即將結束時,教會把所有的聖人聖女,列品的或未被列品的都聚在一起來一個總的慶祝,是非常合情合理的。這裡自然也包括我們已逝世的親戚朋友,幾乎可以肯定我們每一個家庭在天上都有我們的聖人,慶祝這一節日對我們多麼親切,多麼有意義!

在追念他們的同時,可以使我們略窺天堂幸福的遠景,激起我們嚮往天堂的熱情,鼓舞我們步武他們芳蹤的決心,勇敢走上成聖的道路。他們是凱旋的教會,一定會為我們代禱,使我們在戰鬥的教會中得勝。

是日感恩祭的頌謝詞充分說明了節日的意義:「今天你允准我們參與你的聖城、天上的 耶路撒冷,我們慈母的慶典;我們那些已獲得榮耀的兄弟姊妹們在那裡永遠讚頌你。我 們在此塵世,渴望著他們的榜樣和代禱,克服我們的脆弱,靠著信德欣然奔赴天鄉。」 而讀經一中的數字表示眾多,他們用羔羊的血洗得潔白,經歷了人世的災難痛苦,而榮 獲桂冠。讀經二告訴我們,天主如何寵愛我們,使我們成為他的兒女,要我們努力成 聖。福音的真福八端是成聖的指標,聖人們是完成了這一指標而進入福境的。

(轉載: 天主教會台灣地區主教團)



## 11月2日追思已亡節 (All Souls Day)

十一月二日「追思已亡節」的意義:天主給機會那些在生活上還未完善的亡者,靠大家的祈禱,互相幫助,可以上天堂。所以我們要以愛心,為亡者祈禱,亦要設法幫助別人,完善自己的生活。

教會很早便開始鼓勵教友為亡者祈禱了,且還將其視為是一種基督徒的愛德行動。聖奧 斯定就曾說過:「若我們不曾關懷亡者,我們為他們的祈禱,就不會成為習慣。」

然而,由於民間有許多關於亡者的迷信想法,以至於中世紀之前,從未有過紀念亡者的 隆重禮儀。直至中世紀的初期,隱修會開始每年固定地為已亡的會士祈禱時,對亡者的 紀念才開始興起。

十一世紀的中葉,法國克隆尼修會(克魯尼)的隱院院長聖奧迪羅(St. Odilo)下令:所有克隆尼修會的隱士,應在每年的十一月二日,也就是「諸聖節」的次日,為亡者奉獻特別的祈禱以及詠唱日課。最後,追思已亡的習俗,便從克隆尼修會傳遍至整個羅馬教會。

這個慶節的神學基礎便是對於「人性脆弱」的認知;因為甚少人能在此世達至成全的境界,因此,與其帶著罪惡面見天主,不如在面見天主前,能有個階段全然地淨化,這顯然是必要的。為此,特利騰大公會議(The 理事會 Trent)宣稱:這種淨化的階段是必要的,且生者為亡者的祈禱也能加速這種煉淨的過程。

後期,更加信仰方面的本質,就在節日的慶祝中被突顯了出來,這在各地慶祝的方式中可見一般。例如:公開的遊行、在亡者的墓前弔謁、在墓碑前擺設花與蠟燭等等。這種紀念與慶祝,在墨西哥更是盛大。 (轉載:方濟會思高讀經推廣中心)

#### 救助煉靈的方法

- 1. 為亡者獻彌撒
- 2. 為煉靈熱心參與彌撒,恭領聖體
- 3. 為煉靈熱心祈禱,念玫瑰經,拜苦路等
- 4. 為煉靈守齋克苦,多行愛人的善功





## Enrolment of 1st Degree Knights of Columbus 19/10

哥倫布騎士會在我們堂區舉行進會儀式及大會 Council 485 of the Knights of Columbus brought their Council Meeting and the Installation of First Degree Knights to our Parish.

在十月十九日,我們堂區所屬的485分會特別在我 們堂區為 Jimmy Ha, Bill Chan 和Patient Bahizire 兄弟們舉 行進會儀式。同時讓各哥倫布騎士參與其議會的整個進 程。這對推廣騎士會的善工甚有幫助。感謝各騎士會領 袖多年的努力,盼望更多教友參與和支持這甚有意義的 善工。

The Knights of Columbus Council 485 took their Council Meeting and the Installation of the First Degree Knights to our Parish on Saturday, October 19. Brothers Knights, Patient Bahizire, Jimmy Ha and Bill Chan were installed as First Degree Knights. This great effort to promote our membership is the result of years of hard work of the leadership, both on the Council level and in the Roundtable of Sheng Shen. For this we are most thankful. We look forward to even more brothers joining this most meaningful ministry of charity.









### SISTERS OF THE SACRED HEART OF JESUS

Generalate, Iguosa (Opp. 7up Plant)
PO. Box 5521, Iguosa, Benin City 300001GPO, Edo State, Nigeria. Tel: 07058757530. E-mi

October 22, 2019

Dear Fr Stephen Liana.

ACKNOWLEDGEMENT / APPRECIATION

This is to acknowledge the receipt of three cheques being the Mission Appeal made by the Sisters of the Sacred Heart of Jesus On September 7 and 8 in Immaculate Heart of Mary and Sheng Shen Chinese Parish. The Cheque from Immaculate Heart of Mary is 3640.05 while the ones from Sheng Shen Chinese Parish are 100dollars and 842.50 Canadian Dollars.

We are immensely grateful to you for your kind heartedness and generosity to mission territory like Nigeria. May God replenish your source and bless you, your secretary and the people of God who made these wonderful donations towards the work of evangelization in Nigeria.

We would like to inform you that we daily pray for the intentions of our donors, benefactors and benefactresses. May this your gesture of kindness bring God's abundant blessings upon you and your families Amen.

Yours in the Sacred Heart of Jesus

Sr. Monica Omowumi Rowland 22/10/2019 {Superior General, SSH}





## Cana Fundraising Gala E Christmas Celebration 1/12

人们视教堂为社会,文化和精神生活的中心,特 别是对于旅居的留学生,新移民及寻找天主教信 仰的人。我们本着这大原則及宗旨,不断地提供 滋养,以加深他们的信仰和整个社区各行各业人 们的身心健康。为了实现这一目标,我们正筹备 在教堂建筑群中建立一个牧民青年中心; 以帮助 年轻人,特别为学生在学习生活条件住宿和社交 生活方面提供支缓。 因此,我们将于12月1日在 Centurion Conference & Event Center 举行圣诞节联 欢及筹款活动,以筹助兴建费用及各项支出。

现在诚邀你的出席,与朋友欢聚一個晚上,並支 持这项有意义的活动。门票已包括当晚的特色表 演节目, 歺前鸡尾酒, 丰富自助晚歺, 主菜有三 文魚(鲑魚)及牛肉,另外是歺前菜及配菜繁多。 还有自费的酒类或特饮供应,幸运抽奖,加上照 相棚,及经验丰富的D [为我们打音乐,再配上 一个标准跳舞池,定能为你带来一个难忘的晚



## 64th Anniversary Celebration and Volunteer Appreciation Day 6/10





## Volunteer Appreciation Day 6/10















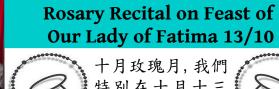


Winterizing by Gardening Group 16/10









十月玫瑰月, 我們 特別在十月十三 日花地瑪聖母瞻 禮日誦念玫瑰經

恭敬聖母,為世界 和平祈禱.











T 613.738.5025 F 613.738.0130 CatholicOttawa ca



October 25, 2019

Dear Pastors and Parish Administrators:

At Pastoral Day, a new Diocesan initiative was introduced - taking part in the Flourishing Congregations research project; a national survey of Canadian congregations/parishes. I ask that all parishes take part in this. It is a simple survey process but it will generate a comprehensive parish report which can help your parish identify its needs and ways to grow.

The Flourishing Congregations Institute is a research project that promotes the health and vitality of all churches. The aim of the survey is to better understand the traits, perceptions, and experiences of Christian parishes/congregations in Canada. After completion of the survey, you will receive a comprehensive parish specific report outlining strengths and weaknesses in key areas. This document can be used to create short and long term goals.

I invite the Pastors and Parochial Administrators in the Archdiocese to this opportunity to grow. Whether you are just looking to gain a better understanding of the parish or looking for ways to develop a culture of discipleship, this is an invaluable tool.

Details on this survey are as follows:

- This survey is free parishes typically spend thousands of dollars for a survey like this
- Any parish can be involved parishes of any size and location, whether they see
  their parish as flourishing or not.
- You will receive a free parish-specific report a helpful catalyst for new or continued flourishing. The research team are hoping for 25% or more of adult leaders and parishioners in each parish involved to take roughly 20 minutes to complete the online survey.
- You will have access to data-informed tools and resources contribute to making the best and right resources available to Canadian parishes, based on Canadian data.
- Links Information and promotional material: www.flourishingcongregations.org/national-survey; Sample report: https://docs.wixstatic.com/ugd/68e091\_ad6e8a52d7974fef99a068eea0fdf471.pdf

All those Pastors and Parish Administrators interested in participating in this initiative within their parish are invited to contact: Amanda Trainor, Support Staff at the Archdiocese of Regina, by email (ATrainor@archregina.sk.ca) or telephone (306-352-1651). If you so choose, you may have your secretary or a member of your parish contact her on your behalf. Amanda will be delighted to answer any questions you may have, as well as help you with the steps and tips to running the survey in your parish.

Diego Rebeles (a seminarian with the Archdiocese of Ottawa) will be calling you in the near future to see if you have been able to initiate the survey. All parishes **need to complete their surveys by the end of November**. Flourishing Congregations Institute will produce your parish specific report and conclude their nation-wide research by the New Year.

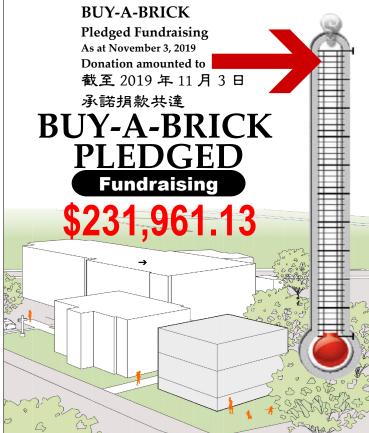
Yours Sincerely in Christ,

+ Guy Desrochers, CSSR.

母Guy Desrochers, C.SS.R. Vicar General of the Archdiocese of Ottawa

2020 堂區 月曆出售 Parish Calendar \$2 each





## 青年弥撒 Youth Mass

NOVEMBER

**Date: 17/11 (Sunday)** 

Time: 9:30am

Presider: Fr. Clyde Muropa





2019.10.20 Youth Mass presided by Fr. Joe LeClair



## Fantasy of Autumn Variety Show 12/10

秋天的童話 VARIETY Fantasy of Autumn VARIETY

在感恩節的周末享受 '秋天的童話' 真是我們的福份。堂區青年的天才是天主给我們的最大恩賜。

特別感謝 Kasie, Teresa, Shobie, Melissa, Angelina 的團隊合作,努力和多方面才能。你們立了典範給我們學習。萬分感謝!

'秋天的童話'讓我們互相分享了友誼及天份,也為我們籌建的牧民青年中心奠下基礎! 祈待籌款達到目標,建築的工程便可進行.

What a fantastic show! What talents God has given us in our youth! THANK YOU, Kasie, Teresa, Shobie, Melissa, Angelina and Team!

The Fantasy of Autumn helps us to enjoy each others' gifts and friendship. It lays the foundation for our Pastoral Youth Centre for which the fundraising is about to complete and the construction will hopefully be launched soon.

The future belongs to you. The community's future is in our hands. Let us build it together. Again, thank you.















## Pastoral Council Meeting





## Archbishop's Charity Dinner 30/10



主教的週年慈善晚宴 在十月三十日晚上在 Ottawa Conference & Event Centre 舉行.

籌款為支持 Shepherds of Good Hope Foundation 及 Solidarite Jeunesse機構. 堂區共九位教友參 予.



## Fr. Joe LeClair's Workshop "We journey together in God's Grace" 27/10

Workshops on 'Journeying together in the family and spiritually' '與君同行' 講座系列 Fr. Joe Leclair launched this series of workshops on Sunday, October 27. This first workshop touched on relationships inside the family, our families as individuals committing to each other and the spiritual family of the church. The deliberations cut deep into our upbringing, relationships with our spouses, other members of the family, with God, as well as our own well being physically and spiritually. Fr. Joe has agreed to explore specific areas, such as life & death, suffering, joy, hope, etc. in future workshop. Our community is very thankful of this generous offer of Fr. Joe's. We look forward to the coming gatherings and reflections.

在十月廿七日的講座中,神父初步探討個人在心、神、人際關係,以致教會大家庭的關係。未來的講座將進一步探討生死、 苦樂、信希望各方面。 敬請留意。









## 團體消息 ANNOUNCEMENT

- 1. 十一月是煉靈月. 教友可把亡者 親友姓名登載在紀念祈禱冊上, 為他們靈魂安息祈禱。
- 2. 2019-2020年英語彌撒經書現已發售,每本五元,請在聖堂門口與 Fred Szeto 洽購。
- 3. 2020堂區月曆現已出版,教友可以自由奉獻方式購買,建議每本 奉獻二元。
- 4. 堂區定於十二月一日(星期日)晚 上舉辦的"加納籌款暨週年聖誕 歡聚晚宴"需要確定及通知 Centurion Conference & Event Centre 參予的總人數,請大家在十 一月十七日(星期日)或之前從速 購票及付費。多謝合作。
- 5. Bishop Riesbeck Appointed for the Diocese of Saint John, NB: Oct. 15, 2019. The Most Reverend Christian Riesbeck, CC, currently Auxiliary Bishop of the Archdiocese of Ottawa, has been appointed by the Holy See to the office of Bishop of the Diocese of Saint John, New Brunswick, effective December 9.
- 6. Mass of Thanksgiving for Bishop Christian Riesbeck's Ministry in Ottawa: A Mass will be celebrated in Notre Dame Cathedral on Thurs., Nov. 21, 7:30 pm. A reception will follow in the parish hall. All are welcome.



## **Link on Updating Parish Record** 在線更新在堂區個人/家庭資料紀錄

教友如欲更新在堂區記錄上的個人/家庭資料,請參閱堂 區通訊或到堂區綱站 www.ottawachinesecatholic.org

作鏈線更新 https://goo.gl/pKEV0g。

Parishioners who wish to update their personal registration at the parish office, please use the update link (https://goo.gl/pKEV0g) in parish's monthly bulletin or parish's website at



www.ottawachinesecatholic.org



牧靈議會 Pastoral Council

Richard Chan (共同主席)

Katie Ng (財務委員會代表)

James Fong (當然委員)

Angelina Lo (當然委員)

David Chan (當然委員)

Lily Li (共同主席)

Angela Kam (秘書)

黎寶珍 張彥洁 Agnes Zhang (副主席) 農李美玲 May Nung (秘書)

Bosco Kuna

Jian Hua Yang

Thomas Tang (Project Manager) 鄧鉅振 方良炎 James Fong (當然委員) 范浩泉執事 Deacon Peter Fan (當然委員) 羅靜如 Angelina Lo (當然委員)

Jimmy Ha 夏景榮 莫淑蘭 Suk Lan Mok 曾兆祺 Leonard Tsang

#### 常設委員會 Standing Commissions

#### 禮儀 Liturgy

李利

陳利爵

甘穎參

黎寶珍

方良炎

羅靜如

陳瑞朝

態換根

楊建華

黄翠霞 Rexan Wong (Coordinator) 干治耀 Louis Wang (Altar Server) 陳瑞朝 David Chan (Lectors) 農李美玲 May Nung (Youth Liturgy) Joyce Wong (Eucharistic Ministry) 李美蘭

黄金霞 Teresa Szeto (Sacristy) 羅翠貞 Helena Wong (Sacristy) 農大鈞 John Nung (Choir A) Sunny Chan (Choir B) 陳瑞平

李美玲 Mei Ling Li Fred Szeto 司徒惠良 陳連娣 Janet Sham 黄暐 Wei Huang 王芬芬 Louisa Wong

#### 信仰培育 Christian Education

梁增仁神父 Fr.Stephen Liang (Coordinator) 范浩泉執事 Deacon Peter Fan

農大鈞 John Nuna 陳志彪 Bill Chan 張彥洁 Agnes Zhang Irene Chang 曾鳳潔 李美玲 Mei Ling Li 陳小喬 Rosa AuYeung Jian Hua Yang 楊建華 Dicky Wong 黄健平

#### Community Life 團體生活

歐慧賢 Linda Au (Coordinator) 陳楚儀 Chor Yee Chan 陳淑芬 Cecilia Chan 陳小喬 Rosa AuYeung 張貴鳳 Jessica Cheung 葉敏華 Anita Cheung 黄振方 James Wong 羅翠貞 Helena Wong 夏少仁 David Xia 陳潔華 Jennifer Yeung 方李美娥 Lucille Fong 陳利爵 Richard Chan 陳麗珠 Linda Chan 楊憂國 You Guo Yang 蔡蕾 Lei Cai 黎潔儀 Jie Yi Li

劉秀英

黄金霞

熊玉桃

關愛 Christian Service 羅靜如 Angelina Lo (Coordinator) 劉湘貴 Gloria Kung 羅翠貞 Helena Wong 區兆樑 Raymond Au 李美玲 Mei Ling Li 李美蘭 Joyce Wong 溫麗妮 Lai Nai Wan 王芬芬 Louisa Wong 張愛蓮 Therese Yuen

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